



# Nature's Best, Delivered with Trust.

Premium Wholesale Produce from  
the Heart of Central Asia

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*Trust makes dreams come true.*



# Bridging Central Asia to the Global Market

Hamd Business Networks LLC serves as your direct link to nutrient-rich, sun-ripened produce. We combine traditional agricultural excellence with modern logistics to ensure every export meets international standards.



**Source:**  
Fertile lands of  
Central Asia  
and Afghanistan



**Mission:** To  
build lasting  
partnerships  
based on  
reliability and  
transparent  
quality



**Scope:**  
Fresh Fruits,  
Vegetables,  
Dried Goods,  
and Frozen  
Solutions

# The Summer Bounty: Stone Fruits



**Apricot:** High in beta-carotene and fiber; supports cardiovascular health and prevents anemia.



**Peach & Nectarine:** Rich in Vitamin A/C and potassium; aids digestion and boosts metabolism.



**Cherry:** 50 kcal/100g; high potassium content (240 mg%); useful for atherosclerosis and hypertension.



**Plum:** Vitamin P rich (lowers blood pressure); acts as a natural antioxidant and digestive aid.

# The Autumn Harvest: Pome & Persimmon



**Quince:** A tonic and antiseptic cultivated for 4,000 years. Highly effective for anemia and respiratory health (asthma).



- **Apple:** A powerful blood purifier. A powerful blood purifier rich in iron and flavonoids. Central Asia is considered the birthplace of the apple tree.



- **Persimmon (Standard & Virginiana):** 'Virginiana' variety offers therapeutic effects for thyroid health. High iodine and glucose content supports the nervous system and fights atherosclerosis.

# Vine & Field Specialties

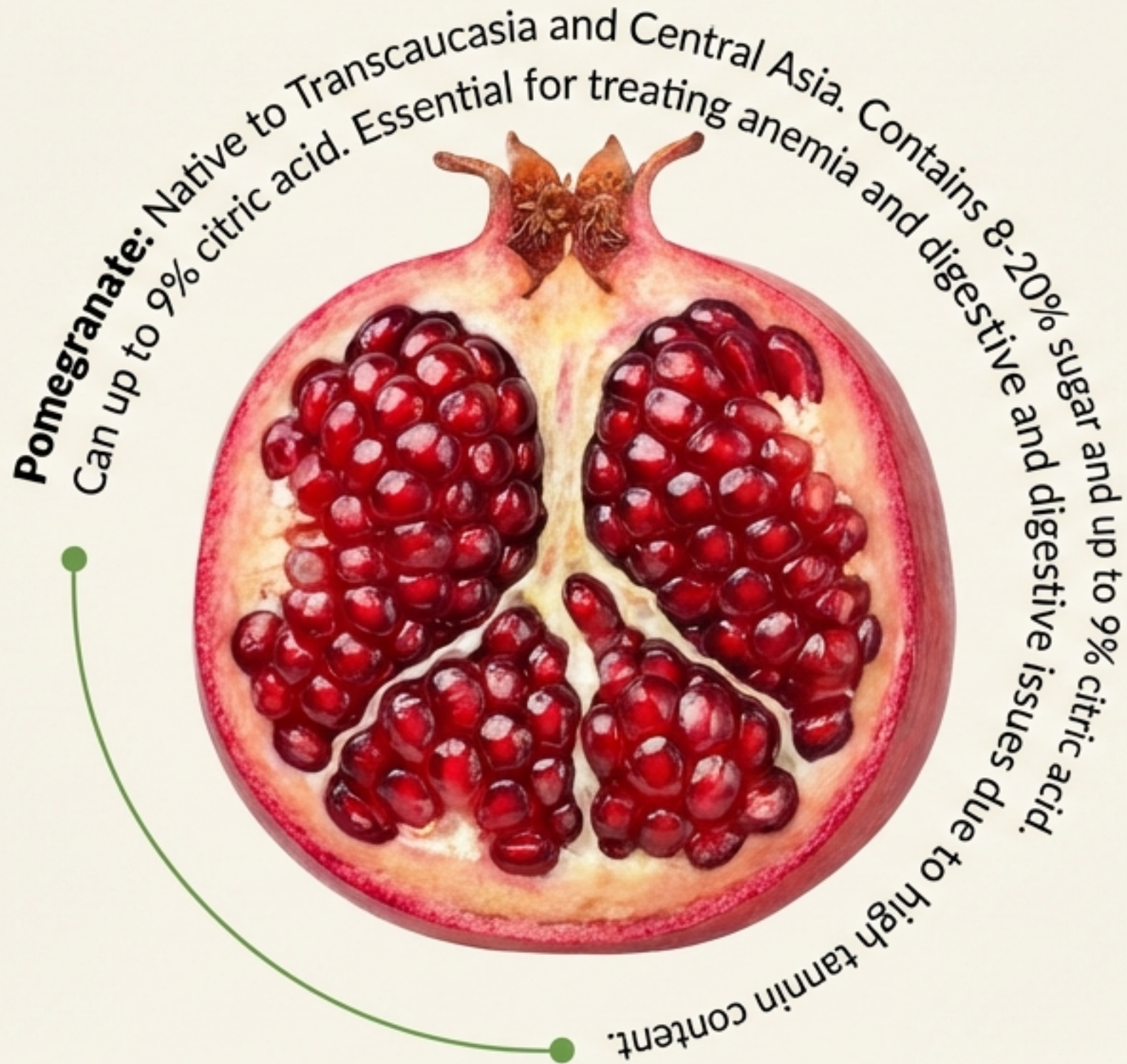


- **Grape Varieties:** Toifi, Husayin, Rizamat, Kish-Mish.
- Benefits include high Vitamin P content; excellent tonic for respiratory tract and cardiovascular systems.



- **Melon & Honey Melon:** Rich in enzymes for digestion and folic acid. Recommended for liver disease and kidney stones. Honey melon acts as a natural sedative and diuretic.

# Functional Powerhouses: Citrus & Exotics.



# Shelf-Stable Essentials: Nuts & Legumes



## Sweet Almond

Roots in the Silk Road heritage.

645 kcal/100g density.

Rich in Vitamin E, magnesium, and phosphorus.

## Red & White Beans

Protein density comparable to meat; 75% easily digestible. Surpasses most vegetables in copper and zinc content; supports immune system and skin condition.



# Strategic Sourcing Calendar



Product	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
<b>FRUITS</b>													
Cherries					█								
Plum						█							
Apricot						█							
Peach						█							
Nectarine						█							
Grapes (Toifi/Husayin/Rizamat/Kish-Mish)							█						
Melon							█						
Persimmon										█			
Garnet (Pomegranate)										█			
Lemon	█										█		
<b>VEGETABLES</b>													
Cauliflower										█			
Cucumber					█								
Tomato						█							
Pepper						█							
Eggplant						█							
Radish				█					█				



Plan your procurement with precise seasonality data to ensure peak freshness.

# Preservation Technology & Frozen Inventory.

## Shock Freezing Technology

Rapid exposure to  $-40^{\circ}\text{C}$  ensures fruits retain almost all nutrients and biological value.

## Inventory List

- **Frozen Fruits**  
Cherry, Raspberry, Strawberry.
- **Frozen Vegetables**  
Sweet/Bitter Pepper, Garlic, Sweet Corn, Cauliflower, Carrot, Pumpkin.



# Export-Ready Preparation

Rigorous quality control during packing prevents damage and ensures aesthetic appeal.

- **Fresh:** Protective clamshells and ventilated crates for maximum airflow.
- **Dried:** Precision arrangement in branded boxes for premium retail presentation.



# Storage Infrastructure & Cold Chain

- 🌿 **Capacity:** Well-equipped warehouses designed specifically for pre-sale preparation.
- 🌿 **Quality Control:** Advanced climate control systems maintain optimal humidity and temperature to extend shelf life prior to dispatch.



# Overland Logistics Logistics Capacity

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- **Service:** Reliable trucking solutions for high-volume regional and international delivery.
- **Handling:** Secure stacking and palletization ensure product integrity during long-haul transit.

# Rapid Deployment via Air Freight.

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- **Speed:** Expedited air transportation options for highly perishable and high-value categories.
- **Flexibility:** Tailored logistics solutions to meet urgent market demands and ensure 'farm-fresh' arrival anywhere in the world.



# The Hamd Business Advantage.

## Diverse Portfolio



From fresh seasonal harvests to shelf-stable nuts and frozen solutions.

## Health-Forward



Products selected for their specific medical and nutritional benefits.

## Operational Integrity



Modern cold chain, shock freezing tech, and flexible logistics (Air/Road).

## Unwavering Trust



We deliver exactly what we promise.

# Let's Grow Together.



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